

GROCERY LIST

Fresh fruit

Apples
Bananas
Grapes
Grapefruit
Lemons
Melon
Oranges
Pineapple
Strawberries
Pears

Fresh vegetables

Bean sprouts
Broccoli
Carrots
Cauliflower
Celery
Cilantro
Cole slaw
Corn
Cucumbers
Green peppers
Green beans
Lettuce
Onions
Potatoes
Tomatoes
Zucchini
Snow peas
Mushrooms

Bakery

Meat

Deli lunch meat
Seafood
Chicken
Fish
Hamburger
Hotdogs
Lunch meat
Pork
Roast
Steak

Condiments

Barbeque Sauce
Bread
Chili Sauce
Cocktail Sauce
Hamburger Buns
Honey
Horseradish
Jelly
Ketchup
Mustard
Olives
Peanut Butter
Pickles
Pimentos
Steak Sauce
Tabasco Sauce
Tartar Sauce
Worcestershire

Canned & Packaged

Apple Sauce
Bacon Bits
Bread Sticks
Corn (Canned)
Cranberry Sauce
Croutons
Dried Onions
Fruit (Canned)
Fruit (Dry)
Mushrooms (Canned)
Prunes
Raisins
Salad Dressings
Sauerkraut
Vegetables (Canned)
Vinegar
Yams (Canned)

Beans/Pasta

Baked Beans
Beef A Roni
Dinners (Packaged)
Gravy (Packaged)
Hamburger Helper
Instant Potatoes
Kidney Beans
Lasagna
Macaroni & Cheese
Noodles
Pasta
Pizza Mix
Pizza Sauce
Potatoes (Dry)
Spaghetti Sauce
Tomato Paste

Spices/Int'l Foods

Barley
Bread Crumbs
Chinese Food
Coating
Dry Beans
Lima Beans
Mexican Foods
Minute Rice
Oriental Foods
Pinto Beans
Rice
Rice A Roni
Salsa
Soy Sauce
Stuffing
Taco Shells

Canned

Candy
Crabmeat (Canned)
Fish (Canned)
Hot Cocoa
Meat (Canned)
Oysters (Canned)
Shrimp (Canned)
Soup
Spam
Tuna

Breakfast

Cereal
Crayons
Envelopes
Fruit Snacks
Glue
Granola Bars
Grits
Oatmeal
Pop Tarts
School Supplies

Beverages

Apple Juice
Box Juice
Coffee
Cranberry Juice
Creamer (Non Dairy)
Instant Iced Tea
Kool-Aid
Lemonade
Lemon Juice
Tang
Tea (Instant)
Toys

Baking

Aluminum Tins
Bakeware
Baking Chocolate
Baking Soda
Baking Starch
Cake Mix
Canning Supplies
Chocolate Chips
Chopped Nuts
Cocoa (Baking)
Coconut
Condensed Milk
Cooking Oil
Cupcake Liners
Dinnerware
Evaporated Milk
Flour
Foil Baking Pans
Frosting
Gelatin
Housewares/Gadgets
Jell-O
Karo
Marshmallows
Molasses
Nuts (Baking)
Oil (Cooking)
Pancake Mix & Syrup
Pepper
Pie Crust
Pie Filling
Puddings
Salt
Spices
Sugar
Syrup
Vegetable Oil
Yeast (Dry)

Snacks

Cookies
Crackers
Fritos
Potato Chips (Box)
Snack Crackers
Snacks
Gatorade
Nuts (Snack)
Popcorn (Unpopped)
Rice Cakes
Soda (Canned)
Water

Frozen

Fish
Chicken
Garlic Bread
Pizza
Organic Frozen
TV Dinners
Hot Pockets
Cake
Waffles, Pancakes
Bagels
Vegetables
Potatoes
Burritos
Egg Rolls
Ice Cream
Cool Whip
Fruits
Frozen Juices

Paper/Plastic

Bath Tissue
Cooking Bags
Facial Tissue
Handiwipes
Kleenex
Matches
Napkins (Paper)
Paper Plates & Cups
Paper Towels
Plastic Flatware
Straws
Toilet Paper
Toothpicks
Wax Paper

Cleaning

Air Fresheners
Ammonia
Bird Seed
Bleach

Cleaning

Air Fresheners
Ammonia
Bird Seed
Bleach
Brooms
Cat Food
Cat Litter
Cleaners (All purpose)
Clothes Line
Dog Food
Drain Cleaner
Fabric Softener
Floor Cleaner
Furniture Polish
Glass Cleaner
Gloves (Rubber)
Laundry Additives
Laundry Soap
Mops
Oven Cleaner
Sponges
Stain Remover
Starch (Spray)
Window Cleaner

Wraps/Baby

Aluminum Foil
Baby Formula
Baby Food
Baby Needs
Cling Wrap
Diapers
Electrical Needs
Freezer Paper
Greeting Cards
Handi-Wrap
Light Bulbs
Lunch Bags
Sandwich Bags

Health & Beauty

After Shave
Bar Soap
Feminine Hygiene
Hair Care
Hand Lotions
Hosiery

Medicine

Analgesics
Aspirin
Band Aids
Deodorant
First Aid
Foot Care
Slim Fast
Toothpaste

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