



## How to Create an Evening Routine

### 1. Include Mom Time

- Pack your lunch
- Pack workbag
- Shower
- Layout clothes
- Spend quality time with hubby
- Read or recharge

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### 2. Kids & Family Time

- Complete homework and paperwork
- Note important dates
- Eat dinner together
- Pack lunch
- Pack bookbags, etc.
- Layout clothes
- Take baths/showers
- Start bedtime routines

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### 3. Home

- Clean the kitchen
- Set coffeepot for the morning
- Put away toys
- Sort mail

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### Reminders for tomorrow

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### Appointments tomorrow

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